

**SECOND SEMESTER 2018-2019**

# Course Handout Part II

Date: 07-01-2019

In addition to part-I (General Handout for all courses appended to the time table) this portion gives further specific details regarding the course.

*Course No.* : GS F232

## Course Title : Introductory Psychology

## Instructor-in-Charge : Santosh Mahapatra

**Scope and Objectives of the Course:** The course aims to introduce students to the field of Psychology. They will get exposure to a variety of theoretical perspectives, some of the most important psychologists and their research findings which have contributed to the making of modern psychology. This course also looks into a few major psychological tools that have been used extensively for measuring human behaviour, personality, intelligence, etc.

The main objectives of the course are to:

* introduce students to the broad field of psychology;
* expose them to a broad range of theories in the field;
* help them understand the applications of psychological tools;
* enable students to evaluate the contributions of various theories of psychology to the understanding of human psyche;
* help students explore the validity of psychometric tests meant for measuring intelligence, personality, behaviour, etc.

**Textbooks:**

1. T1. Robert A. Baron, “Psychology”, Revised 5th Edition, Pearson, 2009

**Reference Books:**

1. Ceccarelli & Meyer, Psychology, South Asian Edition, Pearson Longman, 2006

2. James W. Kalat, Introduction to Psychology, Cengage Learning, 2016

**Course Plan:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Lecture No.** | **Learning objectives** | **Topics to be covered** | **Chapter in the Text Book** |
| 1-3 | Define Psychology, describe its evolution, gain an understanding of Psychology in India | The development of Psychology as a science: Definition, origin, classical studies, issues and perspectives, trends, Psychology in India | Ch. 1 |
| 4-6 | Describe biological bases of human behaviour and critique the arguments related to nature-nurture debate | Nature: Human nature, biological bases, brain, heredity, genetics, nature-nurture debate | Ch. 2 |
| 7-12 | Differentiate between sensation and perception, describe functions of senses, analyze theories of cognition and explain how thinking leads to decision-making, problem-solving and communication | Individual and environment: Sensation, raw materials for understanding; vision; hearing; touch, smell and taste; perception; plasticity of perception, extrasensory perception  Cognition: Thinking, forming concepts and reasoning to conclusions; making decisions; problem solving; language: the communication of information | Ch. 3 & 7 |
| 13-16 | Describe biological rhythms, levels of consciousness and explain how drugs alter consciousness | States of consciousness: Biological rhythms; waking states of consciousness, sleep, dreams, hypnosis and consciousness- altering drugs | Ch. 4 |
| 17-19 | Explain motivation and assess its impacts | Motivation: Theories of motivation; motives & motivation- hunger, aggression, achievement; extrinsic and intrinsic motivation | Ch. 10 |
| 20-23 | Describe and apply theories of learning | Learning: Classical and operant conditioning; reward-punishment; behaviorism, cognitivism, sociocultural theory, neuroscience of learning, etc. | Ch. 5 |
| 24-26 | Explain the process of memory and apply memory enhancement strategies | Memory: Human memory; kinds of information stored in memory, forgetting, memory & brain; memory enhancement strategies | Ch. 6 |
| 27-29 | Describe theories of intelligence, analyze and critique intelligence tests | Intelligence: Contrasting views of its nature; measuring intelligence; human intelligence: role of heredity and environment; group differences in intelligence; emotional intelligence; intelligence tests; creativity: generating the extra ordinary | Ch. 11 |
| 30-35 | Define personality, describe and discuss personality tests | Personality: Definition; the psychoanalytic approach; humanistic theories, trait theories; personality tests; personality disorders, sociopathy, psychopathy, applications to personal health and behavior in work | Ch. 12 |
| 36-40 | Define mental disorders, describe abnormality and explain psychotherapy | Mental disorders: Models of abnormality; mood disorders; anxiety disorders; sexual and gender identity disorders; substance related disorders, psychotherapy | Ch. 14 & 15 |

**Evaluation Scheme:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Component** | **Duration** | **Weighting (%)** | **Date & Time** | **Nature of Component** |
| Mid-semester Examination | 90 minutes | 30 | 15/3  9.00 - 10.30AM | Open book |
| Assignments 1 & 2 |  | 30 |  |  |
| Comprehensive Examination | 3 hours | 40 | 10/05 FN | Open book |

**Chamber Consultation Hour:** The slot will be decided during the first class.

**Notices:** Notices concerning the course will be displayed on the CMS.

**Make-up Policy:** Make-up will be given only in genuine cases (subject to verification).

**Academic Honesty and Integrity Policy:** Academic honesty and integrity are to be maintained by all the students throughout the semester and no type of academic dishonesty is acceptable.

**Santosh Mahapatra**

**INSTRUCTOR-IN-CHARGE**